



What are the effects of an inherited sinful nature?



Romans 8:5



Why is it so hard for us to surrender our sinful nature and brokenness to Jesus?



2 Corinthians 5:17



How would you describe yourself in the context that the Bible says you are a new creation?



Make a list of remnants of your old flesh—lingering guilt, grudges, unforgiveness, temptations—and burn the list. As it burns, thank Jesus for His gift of a new life—everyday.