



**2MIN**  
SHORT & SWEET

It's a common misconception that belief and trust are interchangeable, but in reality, they're distinct concepts.

You could extend a long board off of a cliff and cement it in place. You could place steel rods to keep it anchored into the rock. When you tell me that the board can hold my weight, I will believe it. But if you ask me to walk out to the end of the board, I'm not going to do it.

Jesus wants you to believe in Him *and* trust Him. To trust Jesus is to obey Him, even when your thoughts and feelings are running in the opposite direction.

*Trust is being willing to run the obstacle course between belief and action.*

So, how do we learn to put our belief in Jesus into action? *We fortify our trust.*

**Trusting Jesus requires getting comfortable with mystery.** Jesus isn't going to tell us everything because we don't need to know it. He is all we need.

**Trusting Jesus means resting in the Word of God.** The Bible is Jesus' resumé. It provides his track record (which happens to be flawless). The more you spend time in the Bible, the more confident you will become in His purposes for your life.

**Trusting Jesus means focusing on His whisper while the world shouts for attention.** Your doubts will yell. Your fears will scream. Your regrets will scoff. Jesus whispers. You have to still yourself and tune in to hear Him. But if you listen consistently, you will learn to recognize His voice.

If you want to keep moving forward in faith, don't look down and don't look back. **Look ahead to God's promises.** He has always been faithful, and He will be faithful to you.

You just have to trust Him.

SLB